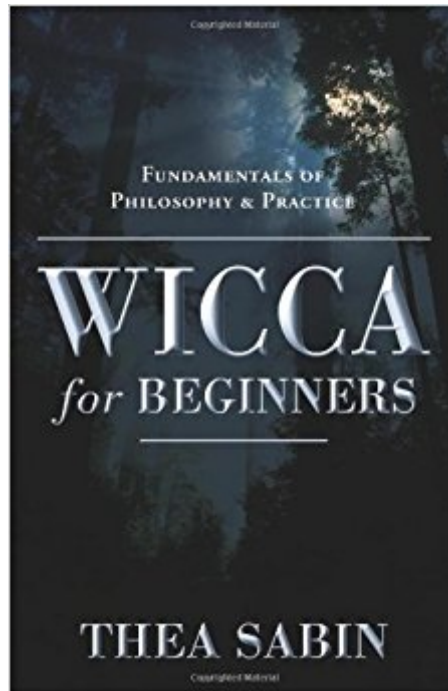




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# Wicca For Beginners: Fundamentals Of Philosophy & Practice



## Synopsis

Due to the sheer number of Wicca 101 books on the market, many newcomers to the Craft find themselves piecing together their Wiccan education by reading a chapter from one book, a few pages from another. Rather than depending on snippets of wisdom to build a new faith, *Wicca for Beginners* provides a solid foundation to Wicca without limiting the reader to one tradition or path. Embracing both the spiritual and the practical, *Wicca for Beginners* is a primer on the philosophies, culture, and beliefs behind the religion, without losing the mystery that draws many students to want to learn. Detailing practices such as grounding, raising energy, visualization, and meditation, this book offers exercises for core techniques before launching into more complicated rituals and spellwork. Finalist for the Coalition of Visionary Resources Award for Best Wiccan/Pagan Book "In her first book-length work, Sabin presents a first-rate, fresh, and thorough addition to the burgeoning field of earth-based spiritual practice volumes...written in a light, informative style that magically mines depth, breadth and brevity." — Publishers Weekly (starred review)

## Book Information

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## Customer Reviews

Starred Review. In her first book-length work, Sabin presents a first-rate, fresh and thorough addition to the burgeoning field of earth-based spiritual practice volumes. Sometimes using examples that young people can relate to (SATs, dying grandmothers), she opens the door to this path for people of all ages who want concrete beginnings to "work actively and spiritually to develop as a person." Sabin covers well the familiar territory of the calendar, circle, pentagram, tools, etc., but she shines distinctively in several areas. The first is in Wiccan history, written in a light,

informative style that magically mines depth, breadth and brevity. Another is in the emphasis on personal will and ethical practices that transcend reliance on external paraphernalia. She also deftly shows how the various tools and spells can be put into use, but always encourages practitioners to utilize their own experiences, environment and spiritual intelligence to shape their practice. Especially helpful are the criteria to assess groups and potential teachers, and the volume is capped by a fine bibliography. Sabin advocates consistent study, practice and evolved learning. Gently admonishing her reader not to become a "one-book wonder," Sabin has nearly voided her own advice with this important first effort that is perfect for novice Wiccans. (Apr.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

"...first-rate, fresh, and thorough...written in a light, informative style that magically mines depth, breadth and brevity." -- Publishers Weekly  
"Sabin offers a practical and cohesive look at the earth-centered religion of Wicca...Highly recommended." -- Library Journal

This book is one of the best I have read for beginners so far. I bought this book mainly because of the title (yes I tend to judge a book by its cover), but I am very happy that I did. The author gives the readers a brief overview with enough information to get started but not so much that you get overwhelmed. I did find myself having questions after I finished reading the book but that is why I am looking for more advanced books. The author never makes any claims that the book is something it's not and is very open with saying this is for beginner and is by no means a complete manual for everything you need to know, but it will get you off to a great start. I read a few of the bad reviews (1 and 2 stars) and I can not believe these people. First off this book is not a complete book on herbs and the author even tells you that you do not have to use everything that they talk about but are simply giving you the information so you have and so you have an idea of what you could use. I never saw the author write once that you absolutely have to use a candle or herb or whatever. It is more about giving you ideas and they even tell you to do what feels best to you. The author explains several times that it is more important that your energy and will is right rather than the mundane tools you use to conduct the ritual. The author also states to acquire what you need gradually, that there is no need to run out and get everything right now. Also to those that say it is a boring read you must be easily bored because I thought this book was fascinating and could not put it down. I finished in like 3 days and I am a slow reader. I personally did not try any of the rituals or techniques (yet), I was mainly using the book for information and I got plenty of it. I will be going back soon and trying some of the meditation techniques but like I said I was not looking for a spell or

ritual book just information on the subject. If you want to try that stuff while you do the book that is great and you will probably get more out of it but if you want to just get a basic (beginner) over view it does that as well. I hope this helps someone decide. Sorry if this seems a little scattered this is my first review. If I am wrong about what the book says above please feel free to post a comment on here with the exact quote or page and paragraph and I will look at it. Thank You.

I found this book to be informative however, for a beginner I have found that Towards The Wiccan Circle by D'Este is simply more straight forward and broken down into a study guide, where I feel like I am actually learning about my origins as a wiccan. Like every web site and book author will continue to repeat YOU MUST do your research and find your way into what works for you. This was one of 4 books I am currently using as part of my research. Good luck!

I feel that this is the best starting point for someone wanting to learn about this subject. The author does not have an overly preachy tone, but still asks her readers to question and educate themselves. This author covers a lot of material before jumping into magic. She gives you lots of ideas for working with energy, pathworking, meditation, and developing a relationship with deity. She encourages readers to build solid foundations before going to the next level. You may not find a bunch of glittery magic in this book, but what you will find is an author who seriously cares about her reader's spiritual growth. High, highly recommended for the beginner!

I read that she writes in a delightful humor kind of way. For me I just found it a little cheesy, I don't know why, it just isn't my learning style apparently! Good book for beginners, informative. If you're interested in Wicca don't just stop at one book, buy many and keep learning. There's also awesome pod casts to listen to if your driving or don't have your book on hand and time to kill. Download the podcast app on your phone and you can hear some really awesome stuff as well as read.

As a teacher of Wicca for many years, I'm always looking for better materials to use for training. I am grateful to Ms. Sabin for providing what will undoubtedly be the introductory book I will recommend for the foreseeable future. She presents the basics without pushing any given path or tradition, often presenting varying interpretations and viewpoints in a non-judgemental manner. This is a solid foundation for seekers to use as a springboard to whatever flavor of Wicca they choose to explore. I appreciate that she addresses ethics within Wicca, which many authors seem to avoid, or present in a highly simplistic manner. The book is clearly meant for beginners, hence the title, and is

possibly the best overall introduction I have yet seen.

I found this book exceptionally easy to read. Sabin's prose is casual and conversational, however she provides informative examples and exercises, which I found both enjoyable and useful. She can be a little vague at times, but this is an introductory text, so is expected. The 'further reading' list is useful to direct further studies into particular areas of interest. Would definitely recommend as an introduction, however it should be in conjunction with other texts with different perspectives, as the subject matter is not only vast but relatively open and sometimes inconsistent (which, in many ways, is the point of this alternative religion).

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